

Resource Directory

FY 2024-2025

Outreach, Screening, Assessment, & Referral

***Parenting Awareness and Drug Risk Education
Services***

Recovery Support Services



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FY 2023 Resource Directory

A complete 2-1-1 Guide with additional resources can be found here: <https://acallforhelp.communityos.org/>

TREATMENT AND RECOVERY COMMUNITY

A resource directory of substance use community—and faith-based recovery and treatment organizations on file that contains current information about local referral resources, including location and contact information, services offered, and eligibility criteria.

180 House, Inc.

2102 Amy Lynn Avenue
Abilene, Texas 79603
(325) 673-0180
www.180house.com

The 180 House is a transitional living facility focused on rehabilitation from drugs and alcohol. They also house homeless vets as well as make referrals out to other agencies. Rooms are furnished with beds, closets, and private bathrooms.

Abilene Recovery Council

104 Pine Street, Suite 205
Abilene, Texas 79601
(325) 673-2242 or 800-588-8728
www.abirecovery.org

Abilene Recovery Council provides OSAR (outreach, screening, assessment and referral) services throughout Region 2 free of charge. Other free services include the Parenting Awareness and Drug Risk Education Services (PADREs), Recovery Support Services (RSS), Prevention Resource Center (PRC), Youth Prevention Universal (YPU) Education, and Community Coalition Partnership (CCP).

Betty Hardwick

2616 S Clack St
Abilene, TX 79606
(325) 690-5100
Crisis Line 1-800-758-3344

Mental Health and Intellectual and Developmental Disability Authority for Callahan, Jones, Shackelford, Stephens, and Taylor Counties.

Central Texas MHMR Center - The Center for Life Resources

4081/2 Mulberry Street
Brownwood, TX 76801
325-641-0642 Ext: 292 or 800-458-7788

Coleman:

100 E. Live Oak
Coleman, TX 76834

Comanche:

1900 South Austin
Comanche, TX 76442
COPSD and outpatient treatment for adults and adolescents

Helen Farabee Centers:

Bowie:

605 Decatur St.
Bowie, TX 76230
940-872-2272
Outpatient treatment for adults and adolescents

Graham:

1720 Fourth St
Graham, Texas 76450
940-549-4896
Outpatient treatment for adults and adolescents

Quanah:

510 King St
Quanah, Texas 79252
940-663-5366
Outpatient treatment for adults and adolescents

Vernon:

2500 Wilbarger Street
Vernon, TX 76384
940-553-4002 or 800-660-4166
Outpatient treatment for adults and adolescents

Wichita Falls:

500 Broad St
Wichita Falls, TX 76301
940-397-3300
Outpatient treatment for adults and adolescents

New Horizons – Audrey Grace House

598 Medical Drive
Abilene, Texas 79601
(325) 437-2535
www.newhorizonsinc.com

Provides intensive inpatient treatment programs for boys and girls ranging in ages 7 - 17 years old. Specializing in trauma resolution for issues such as abuse, neglect, and separation. Average length of stay is 12 months.

Oceans Behavioral Hospital

4225 Woods Place
Abilene, Texas 79602
(325) 691- 0030
Email: abileneinfo@ohcg.info
www.oceansabilene.com

Oceans Abilene provides inpatient care for pediatric and adolescent patients 5-17, adults 18 and older, and seniors 55 and older in a safe and comfortable environment.

Serenity Foundation of Texas

1546 North 2nd Street
Abilene, Texas 79601
(325) 673-6489 or 866-795-4673
www.serenitytexas.com

Serenity Foundation of Texas provides substance abuse detoxification, residential treatment beds, outpatient treatment, and family programs. Serenity Foundation also provides prevention education services for youth to fight addiction, and case management/aftercare to assist with ongoing client needs.

Shades of Hope

402A Mulberry Street
Buffalo Gap, Texas 79508
800-588-4673
www.shadesofhope.com

Shades of Hope provides a residential and outpatient all-addictions treatment center specializing in the intensive treatment of eating disorders. Includes individual counseling, group therapy, education, a 12-step program and aftercare support. Treatment of eating disorders (anorexia, bulimia, compulsive overeating), alcoholism, chemical dependency, sex addiction, self-harm/mutilation, etc. Also provides residential, transitional living, ½ house living. For information on fees and rates, call for more information.

SUBSTANCE USE DISORDER TREATMENT—ADULTS

The following is a list of HHSC-funded treatment facilities that are **most frequently used** by Region 2 OSAR counselors for referrals to residential and/or outpatient treatment. ****Please Note: Unless otherwise specified, most HHSC-funded**

treatment facilities require a screening and assessment by the OSAR PRIOR to accepting a referral for treatment.

Billy Gregory/Pine Street Recovery

1501 East El Paso Street
Fort Worth, Texas 76102

817-569-4600

www.mhmrtarrant.org

Services: Detoxification, residential treatment

Population Served: Men and Women

Referral Process: Pine Street will accept referrals from OSAR or other organizations. Based upon bed availability, client may be placed on a waitlist.

Cenikor Foundation

Waco

3015 Herring Ave
Waco, Texas 76708

Tyler

*1827 West Gentry Parkway
Tyler, Texas 75702

Austin

*2410 W. Howard Ln.
Austin, TX 78728

Deer Park

*4525 Glenwood Ave.
Deer Park, TX 77536

713-266-9944 or 888-236-4567

www.cenikor.org

Services: Detoxification, short-term residential treatment

Population Served: Men and Women

Referral Process: Cenikor will accept clients who call their admissions hotline and complete a telephone assessment. Based upon bed availability, clients may be placed on a waiting list. Cenikor will accept referrals from OSAR or other organizations.

Center for Life Resources

408 ½ Mulberry Street
Brownwood, Texas 76801

325-646-9574 ext. 291

www.cflr.us

Services: Outpatient Treatment

Population Served: Men, Women, and Youth

Referral Process: Center for Life will accept referrals from OSAR, other organizations, or family members.

Christian Farms-Treehouse

3804 Riverside Trail
Temple, Texas 76502

254-933-9400

www.cfth.org

Services: Detoxification, residential treatment

Population Served: Men and Women

Referral Process: Christian Farms Treehouse will accept referrals from OSAR or other state organizations. If client is not referred by a state agency, client will need to complete an interview. Based upon bed availability, client may be placed on a waitlist.

Journey Recovery Center-Alcohol and Drug Abuse Council for the Concho Valley

3600 Journey Dr
San Angelo, TX 76905
(325) 224-3481

Allows 72 clients to be housed in the state-of-the-art treatment and detox facility. Also includes Recovery Center that includes women and children's program, for mothers who need addiction treatment.

Nexus

8733 La Prada Drive
Dallas, Texas 75228

214-321-0156

www.nexusrecovery.org

Services: Detoxification, residential treatment, recovery support services

Population Served: Women and Women with Children

Referral Process: Nexus will accept clients who call their admissions hotline and complete a telephone assessment. They will also accept walk-ins if they have a bed available. Nexus will accept referrals from OSAR or other organizations. Based upon bed availability, clients may be placed on a waitlist.

Plainview Serenity Center-House of Hope

450 North Interstate 27
Plainview, Texas 79072

806-293-9722

www.plainviewunitedway.org

Services: Residential treatment

Population Served: Women and Women with Children

Referral Process: House of Hope will accept clients who call their admissions hotline and complete a telephone assessment. Based upon bed availability, clients may be placed on a waiting list. House of Hope will also accept referrals from OSAR or other organizations.

Sara's House-Alcohol and Drug Abuse Council for the Concho Valley

401 West Twohig Street
San Angelo, Texas 76902

325-224-3481

www.adaccv.org

Services: Residential Treatment

Population Served: Women and Women with Children 0-5 ½ years old

Referral Process: Sara's House will accept referrals from OSAR or other state organizations. Based upon bed availability, client may be placed on a waitlist.

Serenity Foundation of Texas

1546 North 2nd Street
Abilene, Texas 79601

(325) 673-6489 or 866-795-4673

www.serenitytexas.com

Services: detoxification, residential treatment, outpatient treatment, recovery support services

Population Served: Men and Women

Referral Process: Serenity will accept clients who call their admissions hotline and complete a telephone assessment. Based upon bed availability, clients may be placed on a waiting list. Serenity will also accept referrals from OSAR or other organizations.

Turning Point

502 North Carver
Midland, Texas 79701

432-570-3390

permiacare.org

Services: Detoxification, residential treatment, COPSD residential treatment, outpatient treatment for adolescents and women

Population Served: Men, Women, Adolescents (outpatient)

Referral Process: Turning Point will accept referrals from OSAR or other organizations. Based upon bed availability, client may be placed on a waitlist.

Williams House- Alcohol and Drug Abuse Council for the Concho Valley

3553 W. Houston Harte Expressway
San Angelo, Texas 76903

325-224-3481

www.adaccv.org

Services: Residential Treatment

Population Served: Men

Referral Process: William's House will accept referrals from OSAR or other state organizations. Based upon bed availability, client may be placed on a waitlist.

YOUTH TREATMENT SERVICES

Cenikor

Odyssey House

5629 Grapevine Street

Houston, TX 77085

Phone: 713-726-0922

Fax: 713-726-0988

<http://www.cenikor.org/>

Services: 60-90 day inpatient for adolescents, male or female, 13-17 years of age at the time of admission. Willing and voluntary to admit to the program and comply with the program structure, rules and their individual treatment issues and goal. Odyssey House is an unlocked, free-standing facility and therefore, the applicant's evaluation will include their individual treatment and safety needs in accordance with the capability of the program.

Referral process: Accepts OSAR Referrals, in addition to referral a phone call to complete phone intake is required. If the adolescent appears eligible for the program, an admission interview will be scheduled for the adolescent with the parent/guardian. A common application is not required.

Nexus

Carolyn Jones Waghorne Youth Hall

8733 La Prada Drive, Dallas, TX 75228

Phone: (214) 321-0156 ext. 2602 program director, admissions ext. 3118, 3119

<http://www.nexusrecovery.org/>

Services: Nexus offers programs for teenage girls aged 13 to 17, including those pregnant. Program can be 90 days depending on progress.

Referral process: Accepts OSAR Referrals. Common application not required but if client is court ordered a copy of the order is helpful.

Phoenix House Academy in Austin

400 W Live Oak Street

Austin, TX 78704

Phone: 844-217-4798

Kelly Garrett-Aubry

KGarrett-Aubry@phoenixhouse.org

1 844-217-4798

<https://www.phoenixhouse.org/>

Services: Situated in the Bouldin Creek neighborhood in south central Austin, we offer residential drug and alcohol addiction treatment services for teen boys and girls ages 13 – 17 who struggle with substance abuse and co-occurring mental health problems. In our evidenced-based programming, residential clients participate in 12-step work for substance abuse and both cognitive behavioral therapy and trauma-informed therapy to address the underlying co-occurring issues that may be present.

Referral process: Accepts OSAR Referrals. In addition to referral, a phone intake must be completed. All Phoenix House Texas programs accept self-pay and private insurance. Our adolescent residential and intensive outpatient services accept some managed Medicaid, CHIP, Department of State and Human Services, and Northstar plans.

Phoenix House Hill A. Feinberg Academy

Dallas, Texas

2345 Reagan Street

Dallas, TX 75219

Phone: 844-217-4798

Contact: Drew Dutton

texas@phoenixhouse.org

<https://www.phoenixhouse.org/>

Services: Located in Dallas, Phoenix House's Hill A. Feinberg Academy serves male and female teens ages 13 to 17 who struggle with alcohol, marijuana, or other substance abuse and co-occurring mental health issues. Academy residents can take part in a Dallas Independent School District credit recovery program.

Referral process: Accepts OSAR Referrals. In addition to referral, a phone intake must be completed. All Phoenix House Texas programs accept self-pay and private insurance. Our adolescent residential and intensive outpatient services accept some managed Medicaid, CHIP, Department of State and Human Services, and Northstar plans.

Reed Adolescent Center

404 Floydada St.

Plainview, Texas 79072

806-291-4422

Services: Residential Treatment

Population Served: Adolescent Males

Referral Process: Reed Center will accept referrals from OSAR or other organizations. Based upon bed availability, client may be placed on a waitlist.

Selena Center

248 Post Avenue
San Antonio, TX 78215
Phone: (210) 223-4004
Fax: (210) 223-2146

<http://www.aama.org/san-antonio-services/>

Services: 90-day residential treatment center for girls, ages 13-17, who have substance use disorder. The center has capacity for 16 girls and provides both intensive and supportive services. During their residency, girls attend San Antonio schools. Upon completion of residential treatment, girls participate in AAMA's outpatient and aftercare services.

Referral process: Accepts OSAR Referrals, common application and most recent psych evaluation is required if being referred by juvenile probation or in juvenile detention center. See list of required documents and paperwork from OSAR.

Serving Children and Adults in Need (SCAN)

402 Riverhill Loop
Laredo, TX 78043
Phone: (956) 723-0200
Fax: (956) 725-0500

<http://www.scan-inc.org/>

Services: 30-90 day (depending on progress) Youth Recovery Home-16 bed gender-specific residential substance abuse treatment program for adolescent males ages 13 to 17 who are dependent on drugs and/or alcohol. The program has two phases: an intensive residential phase and a supportive residential phase. Youth Recovery Home relies on evidence-based practices to address substance abuse and dependence problems. Participants are provided with individual, group, family, action-oriented counseling as well as relapse prevention training; HIV/AIDS education, recreational and social activities; case management, referrals, and follow up. This program is funded by the Texas Department of State Health Services, Substance Abuse Services Division.

Referral process: Accepts OSAR referrals, common application not required but preferred. They do not take anyone with private insurance but will accept Medicaid or indigent.

Serving Children and Adults in Need (SCAN) Esperanza Youth Recovery Home

1901 La Pita Mangana Rd.
Laredo, TX 78046
Phone: (956) 712-3709
Fax: (956) 725-0747

<http://www.scan-inc.org/>

Services: 30-90 day (depending on progress) 6 beds females Esperanza Youth Recovery Home provides substance abuse residential treatment services for female adolescents ages 13-17. Specialized services are provided to adolescents that are pregnant and/or that have children. Specialized services are conducted

through supplemental counseling and educational sessions with special attention to parenting skills, life skills, child-care, tobacco cessation education, and relapse prevention planning.

Referral process: Accepts OSAR referrals, common application not required but preferred. They do not take anyone with private insurance but will accept Medicaid or indigent.

Shoreline

1220 Gregory Street

Taft, TX 78390

Phone: (361) 528-3356

1-800-628-6265

<http://www.shorelinetreatmentcenter.com>

Services: 94 beds. They accept male and females 13-18 yr old. Located fourteen miles across the bay from Corpus Christi, Shoreline offers 64 hours per week of structured activities and groups including behavioral support, trauma resolution, addiction recovery, dual diagnosis capability, and a pregnant teen program.

Referral process: does not accept OSAR referrals or state funding, accepts Medicaid (Superior), sliding fee scale to those who qualify, accepts referrals from Juvenile Probation Departments, Texas Department of Family and Protective Services, and from private sources.

Tarrant County MHMR

Tarrant Youth Recovery Campus

1527 Hemphill

Fort Worth, TX 76104

Phone: 817-569-4270

<http://www.mhmrtarrant.org/>

Services: The Campus: A Place for Recovery houses a 16-bed, full-time residential program for male adolescents (males only), age 13-17. Our clients are referred from several Juvenile Probation offices, truancy courts, and school districts. We also accept youth who are self-referred. The average stay for treatment is 45-60 days. The staff also offers treatment for co-occurring psychiatric disorders.

Referral process: Accepts OSAR Referrals, common application not required. Probation officer can contact treatment center and let them know they have an OSAR Referral.

Unlimited Visions

907 Preston

Pasadena, TX 77503

Phone: (713) 534-8191

Fax: (713) 534-0036

<http://www.unlimitedvisions.org/>

Services: Male/female Adolescent residential 52-Bed facility on 4.5 acres. It is a 90-day program at a secured facility with gated property and 24 hour monitoring.

Referral process: Accepts OSAR Referrals, common application not required if recent psych evaluation was conducted.

ANCILLARY RESOURCES

A resource directory of ancillary resources that include the following: education, available transportation or funds for transportation; employment; childcare; housing (sober living environments); recovery meetings; peer recovery coaches; 24-Hour telephone-based recovery support services.

ADULT EDUCATION

Alta Vista Learning Center & Offices

1929 South 11th
Abilene, Texas 79602
(325) 671-4419

Programs include: Literacy; Adult Basic Education (ABE); General Education Development (GED); Competency-Based High School Diploma; English as a Second Language / Citizenship. Students must be 19 years old or older.

To pre-register for the GED, students must make an appointment at the office (325-671-4419). Pre-registration may take up to 90 minutes. Call ahead to find out what documents and paperwork is required in advance.

GED consists of 5 timed tests. Please call for additional details.

FaithWorks

1229 N. Mockingbird Ln
(325) 437-2272 (Joyce Dalzell – Founder)
Abilene, TX 79603

Mission is to help the underemployed, through personal, career, academic and spiritual development, acquire the confidence and skills for gainful and long-term employment. Courses are 3 months in duration. Reservation only.

Goodwill Industries Career Center

2200 N. 1st St.
Abilene, TX 79603
(325) 676-7925 (Andre Gwinn, Sr. – Director)

Offers career advancement training, educational opportunities, and job placement support to help one compete in high-demand job markets. Will aid in creating a resume and submission of job applications.

CHILD CARE

Boys & Girls Club of Abilene, Inc.

4610 N. 10th St.
Abilene, TX 79603
(325) 672-1712

Boys & Girls Club - Highland

425 Highland
Abilene, TX 79605
(325) 677-0003

Boys & Girls Club - Wylie

6250 Buffalo Gap Rd
Abilene, TX 79606
(325) 437-4702

Offers after school programs for children from the ages of 6-18 years of age.

Child Care Services- Abilene

325-795-4200 or 800-457-5633
500 Chestnut
Suite 1100
Abilene, TX 79602

<https://www.workforcesystem.org/31/Child-Care>

Workforce Solutions' Child Care Services (CCS) program offers financial assistance to help qualifying families pay their childcare expenses so they can work, go to school, or attend a training program. Families receiving childcare assistance must meet federal, state, and local guidelines in order to qualify for child care assistance. CCS office is open Monday - Friday from 8:00am - 5:00pm

Childcare Connection at YMCA

www.abileneymca.org

Program provides after school care for school age children. Activities include: field trips, swimming, arts and crafts, organized games and activities. Childcare Connection offers homework tutoring/assistance daily. Provides care on most school holidays and teacher workdays. Program serves ages 3-12 years old.

Day Nursery of Abilene

www.daynurseryabilene.org

Day Nursery of Abilene provides developmentally appropriate curriculum and activities for children from birth to 10 years old. Childcare locations include: Ash Street, Cedar Street, Sherry Lane, and Vine Street.

Parents' Choice Program-Child Care Inc.

Federal Building
1000 Lamar, Ste 432
Wichita Falls, Texas 76301
940-766-4332

The center provides childcare for low-income families; however, the parent/guardian must be working for at least two weeks before services will be provided.

Small World Child Development Center

417 Wesley Street
Brownwood, Texas 76801
(325) 643-3808

The center provides quality care for low-income families. The center also picks school age children up from school and provides summer school programs.

Work Force Solutions- Wichita Falls

4309 Jacksboro Hwy, Ste 230
Wichita Falls, Texas 76302
940-322-1801
1-800-232-8359

The center provides childcare for low-income families; however the parent/guardian must be working for at least two weeks before services will be provided.

COUNSELING- YOUTH AND FAMILY**Abilene Christian University Marriage and Family Institute**

1850 Teague Blvd
Abilene, TX 79699
(325) 674-3724 (Emily Rodriguez)

Offers family counselor, couples therapy, marriage counseling, family counseling, individual counseling, discernment counseling, & affair recovery.

Family Services Center, Inc.

901 Avenue B
Brownwood, Texas 76801
(325) 646-5939

The center provides individual, group, and family counseling.

Hardin-Simmons University Family Psychology Center (FPC)

1317 Vogel - Cowden-Paxton Bldg.
Abilene, Texas 79601
(325) 670-1531

www.hsutx.edu/academics/undergraduate/cap/psychology/familycenter.aspx
The program offers affordable counseling by Graduate Interns, under the supervision of credentialed faculty in the Department of Psychology. The program offers a variety of counseling and psychological services to Abilene and the Big Country. These services include individual, family, marital, pre-marital and child and adolescent therapy as well as testing services such as ADHD assessment.

Highland Counseling Center

425 Highland Ave
Abilene, TX 79605
(325) 201-3030
Email gretchen@highlandchurch.org
**Grief Counseling*

Life Renovations Counseling

1 Village Drive, Suite 350
Abilene, TX 79606
(325) 672-7055
LifeRenovations@ymail.com

Life Renovations provides professional counseling for individuals, couples, families, addressing issues relating to depression, anxiety, addiction, grief, marriage, divorce, parenting, job concerns, stress, painful past, guilt, abuse, sexual issues. The agency offers high quality therapy at affordable rates using a flexible sliding scale. Providers currently accept Medicaid, Medicare, Blue Cross Blue Shield, Aetna, Cigna, Tricare, and many other major insurances.

MCH Family Solutions

500 Chestnut, Suite 1730
Abilene, TX 79602
(325) 672-9398

An early intervention program designed to strengthen families supported by a partnership between Methodist Children's Home and your community. Provides community-based services to families with at least one child residing in the home between the ages of birth-14 years. Services provided in a combination of individual and family services, case management, and advocacy to help the family meet its needs. Helping families gain access to community resources that will help their children grow to be healthy and successful at home, at school, and in the community. Eligible families should reside within a 45-mile radius of the MCH outreach office.

Mosaic Wellness

5189 Texas Ave., Abilene, Texas 79605
(325) 232-7530

Mosaicwellnessonline.com

Offering individual, family, and relationship counseling; classes and seminars; as well as personal development and coaching, and business development. Classes include "Parenting on Two Feet" (Children's Interest Seminar), and Anger Management.

New Horizons- STAR Program

www.newhorizonsinc.com

(325) 437-1852 or toll free (877) 261-3777

The S.T.A.R. (Services to At-Risk Youth) Program provides free counseling services to families with children ages 17 and younger who have experienced family conflict, a child running away, youth involved in legal offenses, or truancy.

The goal of the STAR program is to help families establish and achieve goals that strengthen and promote their well-being. All services are provided FREE of charge. Services are available for children and families in Taylor, Jones, Coleman, San Saba, Mills, McCulloch and Brown County. (Abilene Counseling, Brownwood Counseling, Coleman Counseling, San Saba Counseling, Goldthwaite Counseling, Brady Counseling).

New Life Counseling

318 Cedar St, Abilene, Texas 79601

(325) 734-8585

abilenewlife@gmail.com

New Life Counseling was created out of Life Renovations in 2019. Our mission is to provide a specialized and unique experience for each client to help them move forward towards their New Life. We strive to erase stigma that is still present in the Mental Health Industry by showing that counseling can benefit every person from every walk of life and that the investment in yourself is important.

A list of specialties is available on the website: abilenewlife.com. Providers currently accept Medicaid, Medicare, Blue Cross Blue Shield, Aetna, Cigna, Tricare, United Healthcare, and many other major insurances.

Pastoral Care and Counseling Center

1317 North 8th Street

Abilene, Texas 79601

(325) 672-5683

Provides individual, marriage, and family therapy, counseling, spiritual issues, workshops, staff development, continuing education, and parenting classes.

Safe Families for Children

1100 Hwy 80 East

(325) 280-5873 or (325) 439-6263
<https://www.abilene.safe-families.org>
email rworgull@safefamilies.net

Aids and helps families stay together during and after CPS involvement.

Texas Family Institute

100 Chestnut Street, Suite 101
Abilene, Texas 79602
(325) 676-8963
www.texasfamilyinstitute.org

Provides family, individual, and couples therapy for eating disorders, teen-issues, and general mental health concerns.

EMPLOYMENT

Abilene Child Centered Educational Support Services (ACCESS)

2102 Ambler Avenue
Abilene, Texas 79603
(325) 670-9727
www.hispanicabilene.com/access.htm

Provides continued technology access, training and use to empower the child, family and neighborhood to success by gaining skills for life, job and learning. They use technology to support activities including technology training, language learning, academic tutoring, job search, pre-job skills and pre-college preparation. ACCESS technology activities help reduce unemployment by increasing job placement, raise education levels by increasing grade level completion and improve community involvement by providing technology access.

Christian Women's Job Corps of Abilene

598 Westwood Dr.
Abilene, Texas 79603
(325) 701-9250
Cwjcabilene.org

Christian Women's Job Corps not only offers basic job training skills for women to find lasting employment, but we also offer life skills and classes that help women stay on top of their game. So, get ready to prioritize things like managing your money, developing healthy relationships, boundaries, and increasing your typing skills. We take a holistic approach to provide the necessary job and life skills needed to be functioning at a much higher level than before.

FaithWorks of Abilene

1229 North Mockingbird Lane

Abilene, Texas 79603
(325) 437-2272

www.faiithworksofabilene.org

Faith Works of Abilene offers a 13-week career development training program. Faith Works also offers career guidance, individual and group coaching and counseling, internships (16 hours volunteering), job-seeking skills, and spirituality.

Goodwill Career Center

2200 North 1st, Abilene, TX, 79601
325-676-7925

GoodwillWestTexas.org/Career-Center

Offering Free one-on-one services to help individuals, including recently released or ex-offenders – reach their employment goals. Services include: computer access and training, resume writing, interview skills training, job search/application assistance, job placement and retention, ID and driver's license assistance. Career Center Specialists are dedicated to helping you succeed. Scheduling an appointment is recommended, but not required.

People Ready

2741 South 14th Street
Abilene, Texas 79605
(325) 793-1100

www.laborready.com

Labor Ready dispatches temporary employees to jobs in construction, manufacturing, hospitality services, landscaping, warehousing, retail and more.

Workforce Solutions of West Central Texas

500 Chestnut, Suite 1100
Abilene, Texas 79602
(325) 795-4200 or 1-800-457-5633

www.wfswct.org

Provides comprehensive workforce development services to businesses and residents of the 19-county West Central Texas region. We assist employers in addressing workforce challenges and area residents in developing skills for the jobs of today and tomorrow. Workforce Solutions provides a broad range of services that includes business solutions assistance, job training, workforce education, child care, and educational initiatives for adults and youth. Because we are indirectly supported through state and federal tax dollars, we invest those dollars in our region to provide services at no cost to you.

FAITH-BASED RESOURCES & BASIC NEEDS (CLOTHING, FOOD, VOUCHERS, FINANCIAL ASSISTANCE)

Abilene Baptist Social Ministries

618 Pioneer Dr.
Abilene, Texas 79605
(325) 672-4193

Abilene Baptist Association Social Ministries is here to serve residents of Abilene and Taylor County who are in need. Aid is coordinated with other agencies serving the Abilene area through the "211" computer network. Services provided include food, clothing, and household goods. Clients receive assistance with food and clothing one time every 60 days. While meeting physical needs is important, our clients' spiritual needs are also considered. Special care is taken to counsel with each person to see that needs are being met and to ensure each one has the opportunity to know Jesus Christ personally.

Christian Service Center of Abilene

3185 N. 10th Street
Abilene, Texas 79603
(325) 673-7531 – Appointment required
www.cscabilene.org

9:00 am – 12 noon & 1:00 pm – 4:00 pm: Monday – Friday

9:00 am – 12 noon: 1st Saturday of each month (closed on Friday prior to 1st Sat.)

Services provided by appointment only. Must call or come by the office to make appointments for following day. Proper ID is needed. Please bring: Driver's License or Photo ID; Social Security Card (for each person receiving services)

The CSC maintains a food pantry

The Fresh Start Program offers assistance thru Work for Shelter to people who are transitioning back to society from incarceration or through recovery programs. In this program people are offered a one-time weekly rent payment at a local shelter or half-way program in exchange for 12 hours of volunteer work.

Operation Blue Jeans is available for elementary and middle school-aged children. The Seasonal Comfort Program provides heaters and fans for those that do not have heat or air conditioning in their homes. Bibles and prayer are offered to any client that requests as part of Spiritual Nurture. CSC is also able to help clients in Stocking the Home with kitchen items and other household items. As part of the "Standing in the Gap" program clients can request financial assistance for immediate needs – based on availability – with a money management/budgeting class (8-10 hours) held for anyone receiving rental assistance. Frequency / Limitations of certain services do apply and are available on the website or official flyer.

Church of the Heavenly Rest – Hands on Outreach

602 Meander

Abilene, Texas
Food; Rent/Transportation assistance; prescription assistance.
Tuesday & Thursday 9:30 am – 11:30 am.

City Light Community Ministries

366 Hickory St.
Abilene, Texas, 79601
325-673-6686

Provides financial assistance with utility or rent, gasoline, or local bus passes, when resources are available. Call Friday at 9:00 am to schedule a financial assistance appointment for the following week. Proof of auto insurance, Social Security card(s), or other valid identification may be required.

St. Mark's Baby Room

1202 S. Pioneer (North side of building-Fairmont St)
Abilene
325-261-1612

Wednesday 9 am -1 pm, closed on the 5th Wednesday of the month.
Baby clothes, diapers, baby supplies

St. Vincent de Paul Thrift Store

1241 Walnut St.
Abilene
325-672-1241

Monday - Friday 10 am – 4 pm and Saturday 10 am – 2 pm
Utility/rental assistance; Clothing vouchers for thrift shop.

Zion Lutheran Church – Children's Hunger Fund Food Pak

2801 Antilley Rd.
Abilene, Texas, 79606
325-668-2063

Provides food pak delivered to the home for **families** in need in the city of Abilene. Offers a box with non-perishable food items. Intake process: call for information. This is open to the public with priority given to low-income families with young children, especially families with transportation and mobility barriers.
Mondays – Fridays 9:00 a.m. – 4:00 p.m.

Open Door

(254) 442-3000
1906 TX-206
Cisco, TX 76437

When: Monday & Wednesday 10 am - 5:30 pm, Tuesday & Thursday 10 am – 8 pm, Friday 10:30 am – 12 pm (Mommy group only), Closed Saturday and Sunday
Services:

Classes: Parenting, Cooking Lessons, Adult Anger, Self Esteem, GED, Financial Peace, CPR, Grief, Love & Respect before and after marriage (earn \$60 towards marriage license)

The Baby Boutique: up to size 10. Monthly Assistance is for children only and each child gets 3 outfits per month plus one pair of shoes and one dozen diapers or pullups (this is just filling out paperwork and not attending classes)

Nurse on staff (free pregnancy tests and sonograms)

Free handmade baby blanket and diaper bags for new mom/baby

Eligibility: Anyone and any income

Cost: Free

Additional Information: GED, Financial, CPR and Cooking Classes are group activities.

Rolling Plains Management Corporation

118 North First

Crowell, Texas 79227

(800) 633-0852 - Toll Free

(940) 684-1571 – Office

www.rollingplains.org

Provides financial assistance with utilities, rent, transportation, childcare, and weatherization when resources are available.

Central Texas Opportunities, Inc.

(325) 625-4167

Services: Comprehensive Energy Assistance Program (CEAP) - Disabled/Elderly component of CEAP is for the low to moderate income elderly and disabled that are on a limited income and can't pay utility bills.

Cooling Equipment and Heating Equipment - Aid may even be offered to help clean, repair, clean, or replace inefficient cooling or heating and appliances and help people become energy efficient.

Energy Crisis component is for someone in a crisis and facing a disconnection or if you are faced with a shortage of your power source this may be able to help.

Head Start - A free program to help children develop. Families and individuals who also participate in Head Start will also receive access to nutritional information, social services, assistance with GED preparation or other educational needs, dental and medical screens for the children, resource referral, parenting and social skills training, etc.

Housing and Rent Help - Some funds from the CSBG fund may be able to help prevent evictions and deal with housing issues.

Western and Central Texas housing programs are extensive. They include transitional units and emergency shelter. Families can receive basic needs as well,

such as food, information on financial assistance and deposits programs, and ongoing case management.

Eligibility: Eastland, McCulloch and Runnels Counties

Eastland Crisis Center

102 S Seaman St
Eastland, TX 76448
(254) 629-3223

Services: Waivers for Gas and Electric, financial assistance for housing (must have a job), financial planning, counseling, transport to shelter, DPS, DHS, etc., bus and plane tickets to help relocate, legal assistance

Eligibility: Eastland County residents only, must be the victim of abuse whether sexual or domestic

Cost: Free

Eastland Police Department

416 S Seaman St.
Eastland, TX 76448
(254) 629-1700

Services: Bicycle helmets for children and adults

When: Anytime, dependent on availability

Cost: Free

First Baptist Church

405 S Seaman St.
Eastland, TX 76448
(254) 629-3355

Services: Food Pantry, Closet Angels

Eligibility: No requirements

Cost: Free

When: Food Pantry is available whenever needed

Closet Angels 5 pm – 7 pm Wednesdays (will open if needed, if there is staff)

Where: At the church and across the street

Limit: Food Pantry is once every 3 months per family

Closet Angels is one bag full every month per family

First United Methodist Church

215 S. Mulberry
Eastland, TX 76448
(254) 629-1289

(254) 629-2132 Food Pantry

Services: Food Pantry, Assistance with utility bills

Eligibility: Eastland County residents and must have photo ID

When: Food Pantry is Wednesday and Friday from 1 pm - 4 pm

Utilities assistance is every six months, call on Tuesday and Thursdays at 10 am – 12 pm/ 1pm – 3 pm
Where: Food Pantry is caddy corner from church

Meals on Wheels

110 N Ostrom Ave.
Eastland, TX 76448
(254) 629-8845

Services: Delivered lunch only meals

When: Monday thru Friday

Eligibility: Eastland residents within city limits only

Have to have a disability/hardship whether temporary or permanent.

Cost: \$3.50 per meal

There is a sliding scale fee (if person makes under 13K a year, it is free)

River of Life Church

1247 E Main St.
Eastland, TX 76448
(254) 629-1015

Services: Food Pantry

Eligibility: Eastland County Residents

Cost: Free

When: 3rd Saturday of every month

First United Methodist Church- Graham

Garments of Grace

700 Third St.
Graham, TX 76450
940-549-0970

New clothing – must be referred by a community agency to utilize services.

WIC

WIC is open to many incomes and families. If the family currently receives Medicaid, SNAP or TANF, they already meet the income eligibility guidelines for WIC. Families who do not receive these programs, still may qualify for WIC by meeting the income guidelines for your household. Participating in other benefit programs does not affect the amount of WIC benefits you receive.

Services: Healthy food, one-on-one counseling with nutritionists, recipes & cooking demonstrations, nutrition classes, and breastfeeding support

WIC- Abilene

850 N. 6th

Abilene

325-692-1680

Monday – Friday 8 am – 6 pm

WIC- Brownwood

510 E Lee St.
Brownwood, TX 76801
325-646-1514
Monday – Thursday 7:30 am – 12 pm and 1 pm – 6:30 pm

WIC- Clyde

822 Red Oak Farm Rd
Clyde
254-433-6088

WIC- Eastland

935 E Main St.
Eastland, TX 76448
254-629-1783
Monday and Tuesday 8:30 am – 4:30 pm (call ahead to schedule appointment)

WIC- Sweetwater

1101 Bell Street
Sweetwater, TX 79556
(325) 235-3036
Mondays 8:00 am – 12 pm and 1 pm - 7 pm, closed 2nd Tuesday of each month
Tuesday – Thursday 7 am – 12 pm and 1 pm – 6
Hours of operation are subject to change, please contact the clinic to confirm hours and/or schedule an appointment.

WIC- Wichita Falls

1700 3rd St.
Wichita Falls, TX 76301
940-761-7815
Monday 8 am – 6:30 pm, Tuesday – Friday 8 am – 5 pm

FAMILY VIOLENCE**The ARK**

2900 Coggin Ave., Ste. A
Brownwood, TX 76801
325-643-2699
Hours: 24/7
Eligibility: any victim of domestic violence or sexual assault
Domestic violence shelter

Batterer Intervention & Prevention Classes (BIPP)

Classes are held at Ministry of Counseling & Enrichment
1502 N. 1st Street
Abilene, TX, 79601

Men's Classes: Tuesday 7:00-8:30 pm; Thursday 5:30 – 7:00 pm

Women's Classes: Tuesday 5:30 – 7:00 pm

Participants may only attend one class per week.

Classes are \$25.00 each with one-time intake fee of \$40.00 due at time of intake.
Per State of Texas requirements, you must attend 24 sessions (36 hours) to complete the program.

First Step Inc.

624 Indiana Ave # 304
Wichita Falls, Texas 76301
940-723-7799
1-800-658-2683
firststep.org

First Step, Inc. provides free crisis intervention services for individuals who have recently experienced domestic and/or sexual violence, leading to emotional, mental, behavioral, and physical problems. 24-hour, safe haven that includes food, clothing, transportation, information, referral to other community services, and assistance with taking the necessary steps to reclaim independence. Their legal advocate accompanies clients to court, aides in communication with law enforcement, helps clients seeking Protective Orders, and assists in filing for Crime Victim Compensation. They also provide hospital accompaniment provided by staff and trained volunteers. Children's services offered are curriculum focused on helping children recover from experiences with domestic violence. First Step, Inc. offers Community Education and Professional Training programs. Their Education Coordinator and Professional Trainer educate the community on an array of topics, including Domestic Violence, Sexual Assault, Dating Violence, Bullying, Healthy Relationships, Non-stranger Rape, The Effects of Domestic Violence on Children, and Domestic Violence and the Workplace. Members of the community leave these presentations with a better understanding of Domestic Violence and Sexual Assault and the tools necessary to offer support and resources to survivors. Walk-ins are welcome. Crisis Intervention and Survivor Advocacy are available during regular business hours (7:30am – 4:30pm, M-F). The crisis hotline is 1-800-658-2683 and is answered 24 hours a day and 7 days a week.

Noah Project, Inc.

5802 Texas Avenue,
Abilene Texas 79605
(325) 676-7107
www.noahproject.org

The Noah Project helps individuals escape abusive relationships and build lives that are free of violence and fear. The family violence shelter is a safe house for

victims who need to flee dangerous homes. They provide transportation to the shelter for victims and their families, and will provide them with food, toiletries, school supplies, and any other necessities while they are living in the safe house. They work with clients on safety planning to help them escape dangerous relationships, and work with them on a plan of service to build lives that are free of violence. Noah Project works with families to provide for resident children's emotional well-being and successful continuation of their education while the family is in shelter. Noah Project is a safe house for anyone who needs shelter from relationship violence, but they also have outreach services to help people for whom living in the shelter may not be the best option.

Regional Victim Crisis Center

PO Box 122

Abilene, Texas 79604

325-677-7895

info@regionalvictimcrisiscenter.org

The Regional Victims Crisis Center is an agency serving victims of violent crime, including sexual assault, in Abilene and the surrounding region of West Texas. They assist victims and survivors of sexual assault and other violence;

Working to prevent sexual assault and other violence through primary prevention. Services are confidential and free of charge. They provide walk-in assistance Monday-Thursday 8:30am-5:00pm and Fridays from 8:30am-12pm. The crisis hotline is answered 24 hours a day, 7 days a week.

FOOD PANTRIES (ABILENE)

Monday

- Christian Ministries of Abilene - 701 Walnut Street: 9:30 – 11:30 am, 1:00 – 2:00 pm
- Crescent Heights Baptist Church – 1902 N. Mockingbird Ln.: 10:00 am – 12:00 am
- Love & Care Ministries – 233 Fannin: 9:00-11:30 & 1:00 pm – 3:00 pm
- Christian Service Center – 3185 N. 10th Street: (Mon. – Fri. must call for an appointment @ 325-673-7531)
- Minda Street Church of Christ – 325 T&P Lane: 4th Monday. Call for appt. 325-704-8774

Tuesday

- Love & Care Ministries – 233 Fannin: 9:00 am – 11:30 am, 1:00 pm – 3:00 pm
- Baptist Social Ministries – 618 S. Pioneer: 1:00 pm – 3:00 pm. 325-672-4193
- Presbyterian Food Pantry – 333 Orange St.: 1:00 pm – 4:00 pm. 325-677-3501

- Beltway Park Church (South) – 4009 Beltway South - Call for appt. 325-704-2329.
- United Methodist Food Pantry – 2626 North 1st Street - 4:00 pm – 8:00 pm. 325-864-6605.
- Christian Service Center – 3185 N. 10th. Call for appt. 325-673-7531.

Wednesday

- United Methodist Food Pantry – 2626 North 1st Street – 9:00 am – 1:00 pm. 325-864-6605
- Love & Care Ministries – 233 Fannin: 9:00 am – 11:30 am, 1:00 pm – 3:00 pm. 325-670-0246
- Baptist Social Ministries – 618 S. Pioneer: 1:00 pm – 3:00 pm. 325-672-4193
- Christian Service Center – 3185 N. 10th. Call for appt. 325-673-7531.

Thursday

- Beltway Park Church (South) – 4009 Beltway South - Call for appt. 325-704-2329.
- Love & Care Ministries – 233 Fannin: 9:00 am – 11:30 am, 1:00 pm – 3:00 pm
- Baptist Social Ministries – 618 S. Pioneer: 1:00 pm – 3:00; (4th Thurs. only 5:30 pm – 7:00 pm)
- Christian Ministries of Abilene - 701 Walnut Street: 6:00 pm – 7:00 pm. 325-673-1234
- Christian Service Center – 3185 N. 10th. Call for appt. 325-673-7531.

Friday

- Christian Ministries of Abilene - 701 Walnut Street: 9:30 – 11:30 am, 1:00 – 2:00 pm. 325-673-1234
- Christian Service Center – 3185 N. 10th. Call for appt. 325-673-7531.

HEALTH CLINICS, SCREENING, & TESTING (TB, HIV ANTIBODY, HEPATITIS C, STDS)

Abilene Community Health Center (FQHC)

1749 Pine St.

Abilene

325-696-0600

M-F 8 am -5 pm

Low-cost community health clinic

Abilene-Taylor County Public Health District

850 North 6th Street
Abilene, Texas 79601
(325) 692-5600

<http://www.abilenetx.com/Health/index.htm>

E-mail: healthde@abilenetx.com

Hours: 8:00 am - Noon & 1:00 pm - 5:00 pm Monday through Friday

Dedicated to providing quality preventive, educational and professional health services, which protect and improve the health of the entire community.

TB testing is available Monday and Tuesday 9:00 am to 4:00 pm only.

TB Clinic for individuals with active TB or who have had a positive TB skin test may call for appointments.

STD TESTING AND TREATMENT

The Clinic offers testing and treatment for the sexually transmitted diseases (STD's) of Chlamydia, gonorrhea and syphilis. Treatment is available for minor cases of genital warts. No testing or treatment is available for herpes. The Clinic has educational materials on most sexually transmitted diseases.

Clinic Schedule: Testing & treatment for STDs are available by appointment only.

Fee: Fee for services is \$5.00 (STD ONLY); however, no one is refused service because of inability to pay.

LAB TESTING: The Abilene - Taylor County Public Health District operates a CLIA certified laboratory providing numerous tests such as these:

**** Must have Doctor's order before any of these tests can be performed.**

Complete Blood Count - Used for many general health check-ups. Checks for conditions such as anemia.

Urinalysis - Detects any problems in the urinary tract, such as infections.

Urine Pregnancy - Determines pregnancy.

Chemistry Profile - Used for many general health check-ups. Combination of 20 different chemistry tests. Checks for glucose, cholesterol, liver functions, and electrolytes.

Coronary Risk Profile - Checks the Total & HDL Cholesterol and performs calculations to determine a patient's risk for coronary disease.

Syphilis & Gonorrhea Testing - Test for these sexually transmitted diseases.

Hepatitis B antibody Test - shows if you are immune to Hepatitis B.

**** Must have Doctor's request before any of these tests can be performed.**

Accel Health

3805 Hwy 377 South
Brownwood, TX 76801
(325) 643-5167

<https://www.accelhealthcare.org>

Dental, Medical, & Behavioral Healthcare. (Includes Stephenville, De Leon, and Brownwood)

*Note: Brownwood office offers opioid use treatment (Methadone/Subutex/Suboxone)

Brownwood-Brown County Health Department

510 E. Lee

Brownwood, Texas 76801

(325) 646-0554

<http://www.brownwoodhealthdepartment.com>

Pregnancy Tests by appointment only. The fee for this service is \$10.

T.B. Tests: The (TB) program provides Tuberculosis Skin Testing (TST) for various reasons. TST can be done on Monday, Tuesday, Wednesday, or Friday and must be checked or "read" 48-72 hours later. When TST are required following contact to known or suspected TB disease, they are free; for all other TST the fee for this service is \$10. Management of Latent Tuberculosis Infection (LTBI) and management of TB disease is also available.

HIV/STD: Sexually Transmitted Disease (limited) and HIV testing performed on a walk-in basis on Monday & Friday from 8-9 AM. For all other days and times an appointment is necessary. The fee for this service is \$25.

Medical Care Mission

1857 Pine St #100

Abilene, TX 79601

(325) 672-5601

Provides access to primary medical care for low-income and uninsured adults, ages 18-64. Includes diabetic education and nutrition counseling, physical therapy, pulmonary screening, and counseling services. Qualifying patients may participate in the prescription program, which enables patients to obtain a 3-month supply of some medications for a nominal fee.

Mercy Health Care Center

1902 Shelton St

Abilene, TX 79603

(325) 676-6634

Provides low cost or free birth control, well woman exams, STD testing & treatment.

Pregnancy Resources

2110 N. Willis

Abilene

325-672-6415

Monday 9 am - 5:30 pm, Tuesday-Thursday 10 am - 4:30 pm

Pregnancy testing, ultrasound, STD testing and treatment, maternity and baby clothes, diapers and formula (once every 30 days)

Wichita Falls Health Department

1700 3rd Street

Wichita Falls, Texas 76301

940-761-7841-STI Clinic

940-761-6841-Immunizations

<https://www.wichitafallstx.gov/?NID=336>

TB Testing: Services provided by the Tuberculosis Clinic are tuberculin skin test screening, medical evaluation, medications, laboratory services, chest x-rays, and case-finding projects. TB Testing can be done on Monday-Wednesday 8-11:30 am, and Friday 1-4:30 pm. The TB Clinic's hours are by appointment only for Wednesdays from 1-3:00 pm. and must be checked or "read" 48-72 hours later. The fee is \$20.00.

HIV and Syphilis: The clinic offers free testing Monday-Friday 8-5pm

STD Clinic: The Clinic offers testing and treatment for the sexually transmitted diseases (STD's) of Chlamydia, gonorrhea, Bacterial Vaginosis (females) and NGU (men). **By Appointment Only.** Monday and Tuesday from 1:00 p.m. to 3:30 p.m. and Thursday and Friday mornings from 8:00 a.m. to 10:30 a.m. The fee for service is anywhere from \$10.00-\$30.00 based on family size and monthly income.

HOUSING

180 House, Inc.

2102 Amy Lynn Avenue

Abilene, Texas 79603

(325) 673-0180

www.180house.com

The 180 House is a transitional living facility focused on rehabilitation from drugs and alcohol. They also house homeless vets as well as make referrals out to other agencies. Rooms are furnished with beds, closets, and private bathrooms.

Abilene Hope Haven

801 South Treadaway

Abilene, Texas 79602

(325) 677-4673

www.abilenehopehaven.com

Abilene Hope Haven provides food, clothing, shelter, transportation, and safety. Residents are required to maintain a full-time 40-hour per week job, return to their school for their GED (if required), and remain 100% drug and alcohol free. Also offers residents employment skills training, job placement assistance, self-improvement training, educational opportunities, drug and alcohol counseling and permanent residency counseling. Residents may stay up to 12 months. Hope

Haven's family's unit has 14 apartments. To qualify for this program, you must be a legally married couple with or without children or a single parent. Children must be 10 years old or younger.

Ben Richey's Boys Ranch

P.O. Box 6839

Abilene, Texas 79608

(325) 692-2500

www.benrichey.org

Provides an opportunity for troubled, abandoned, and/or abused boys ages 6 and up to become responsible citizens at school, on the ranch, and in the community by providing counseling and a safe, home-like atmosphere.

Eleven Oaks

1109 Oak Street

Abilene, Texas 79602

(325) 672-4231

Eleven Oaks is now accepting applications for future residents in newly remodeled facility. Extremely clean rooms, living area and restrooms. Eleven Oaks promotes a highly structured atmosphere for success. Weekly rental rates for convenience.

Faith Refuge

710 Hatton Rd.

Wichita Falls, TX 76302

940-322-4673

Homeless shelter for women and children providing meals and housing. They offer a "New Beginnings Recovery Program" that is a 10-month faith-based residential work program for adults who desire to overcome addiction and destructive behaviors. The Faith Refuge Career Academy is a free 12-week program aimed at preparing women for the workforce or to further their education. Faith Enterprise is a social enterprise that provides on-the-job training to the men enrolled in the New Beginnings Program to prepare them for lifelong employment and self-sufficiency.

Faith Mission

1300 Travis St.

Wichita Falls, Texas 76301

940-723-5663

Homeless shelter that provides meals and clothing for the public as well as shelter and programs for men and families.

Habitat for Humanity

101 Fulwiler Rd

Abilene, TX 79603
(325) 673-4748

Works in partnership with families in need of decent and affordable housing. Habitat homeowners help build their own homes alongside volunteers and pay an affordable mortgage. Call to place your client's name on the waiting list.

Hendrick Home for Children

2758 Jeanette
Abilene, Texas 79602
(325) 692-0112

Housing for single mothers. (Criteria includes: Possession of a vehicle and the willingness to work.)

Harmony Family Services

305 Grape Street
Abilene, Texas 79601
(325) 672-7200

Harmony Family Services provides runaways and homeless with shelter. Also, provides shelter for abused and/or neglected children.

Housing Authority of Anson

1302 Avenue J
Anson, Texas 79501
(325) 823-2831

Housing authority that participates in the Public Housing program.

The Journey Recovery Center

3600 Journey Dr
San Angelo, TX 79605
(325) 224-3481

State-of-the-art treatment and detox facility that provides comprehensive residential substance abuse treatment for adult men and women.

Kennedy Rentals

442 Poplar
Abilene, Texas 79602
(325) 669-2577 – Richard or Tracy Kennedy

All women sober housing. Requires 30 days clean & sober. Rooms vary from \$80.00 for double occupancy to \$120.00 for a single occupant room per week. \$100 deposit required. Access to swimming pool, Wi-Fi, and cable TV. Food and transportation not included.

Love and Care Ministries

233 Fannin Street

Abilene, Texas 79603
(325) 670-0246
www.lcmin.com

Provides showers, change of clothes, hygiene kit, food, and shelter (only open during freezing weather conditions during the winter). Provides limited dental assistance on certain nights, primarily extractions to low-income or homeless. Provides limited financial assistance to eligible residents for prescriptions (not pain killers or narcotics), glasses, identification cards, and birth certificates when resources are available.

New Beginnings-Big Country

2252 S. 14th St.

Abilene, TX 79605

(325) 665-5538 – Missy Denard (Founder & Executive Director)

<https://www.NewBeginningsBigCountry.com>

NewBeginningsAbilene@Hotmail.com

Faith-based transitional housing for women exiting jail/prison, alcohol/drug use disorder, human trafficking, and other bondages of life. Also provides life-skills training.

Noah Project, Inc.

5802 Texas Avenue,

Abilene, Texas 79605

(325) 676-7107

www.noahproject.org

The Noah Project helps individuals escape abusive relationships and build lives that are free of violence and fear. The family violence shelter is a safe house for victims who need to flee dangerous homes. They provide transportation to the shelter for victims and their families, and will provide them with food, toiletries, school supplies, and any other necessities while they are living in the safe house. They work with clients on safety planning to help them escape dangerous relationships, and work with them on a plan of service to build lives that are free of violence. Noah Project works with families to provide for resident children's emotional well-being and successful continuation of their education while the family is in shelter. Noah Project is a safe house for anyone who needs shelter from relationship violence, but they also have outreach services to help people for whom living in the shelter may not be the best option.

Not Without Us!

3305 North 3rd Street, Suite 320

Abilene, Texas 79603

(325) 672-5460

Provides assistance in teaching the best way to enforce your civil rights, explore your options, and give you control over the choices in your life. Advocacy services will also help you navigate complicated systems such as Social Security, Medicare Part D, Housing, and Provider Care. This includes assisting individuals and businesses in the community to understand their rights and obligations under the Americans with Disabilities Act.

Our House

BCFS Health & Human Services
Abilene Transition Center
303 S. Pioneer, Suite 200
Abilene, Texas 79605
(325) 692-0033
(325)718-3327

Application required. Open to men, ages 18-23. Must be currently sober from alcohol and drugs and able to provide documentation indicating at least 3 months sobriety. Must be currently employed or attending school, or willing to work with a case manager to obtain employment or enroll in an education program (ex: GED, Vocational training, etc...). Must be able to become reasonably independent within a year, and transition into the community independently. Will NOT have to pay rent, but will be encouraged to put money into a savings account, if employed and able to do so.

Oxford House Abilene

<http://www.oxfordhouse.org>
3102 Button Willow Pkwy
Abilene, TX 79606
Gender: M
Total Occupancy: 8
325-701-4915

Oxford House Cloverfield

<http://www.oxfordhouse.org>
1501 S. 4th Street
Abilene, TX 79602
Gender: M
Total Occupancy: 10
325-704-2392

Oxford House Felicity

<http://www.oxfordhouse.org>
4101 Waldemar St.
Abilene, TX 79605
Gender: W w/ Children

Total Occupancy: 6
325-315-4286

Oxford House Immanence

<http://www.oxfordhouse.org>

672 E. North 15th Street
Abilene, TX 79604
Gender: M w/ children
Total Occupancy: 10
325-788-4601

Oxford House Marvella

<http://www.oxfordhouse.org>

933 EN 10th Street
Abilene, TX 79601
Gender: M
Total Occupancy: 7
(325) 704-1393

Oxford House Milagros

<http://www.oxfordhouse.org>

925 Piedmont Drive
Abilene, TX 79601
Gender: M
Total Occupancy: 7
325-268-4039

Oxford House Oasis

<http://www.oxfordhouse.org>

3109 High Meadows Drive
Abilene, TX 79605
Gender: M
Total Occupancy: 7
(325) 320-9675

Oxford House Primrose Blossom

<http://www.oxfordhouse.org>

2001 Poplar Street
Abilene, TX 79602
Gender: W
Total Occupancy: 8
325-701-4035

Oxford House Big Bend (Wichita Falls)

<http://www.oxfordhouse.org>

4909 Big Bend Gender: M
Wichita Falls, TX 76310
Gender: M
Total Occupancy: 8
940-386-2361

Palm House

433 Palm St
Abilene, TX 79602
(325) 338-9141
Email 433palmhouse@gmail.com

Offers practical and spiritual tools necessary for women to have a fulfilling life and cultivate a relationship with God. Has mentoring programs, outreach service, and consistent interaction.

Sara's House

P.O. Box 3805
San Angelo, TX 79602
(325) 224-3481 (Chelsea Ashton)
24 Hour Crisis Line: 1-800-880-9641
Recovery Residence for women. Fee-based residency.

Sober Living Inc.

Main Office

3100 Seymour Hwy Ste 110-B
Wichita Falls, Texas 76301
940-636-HELP

Sober Living Men's House

1906 Hines Blvd
Wichita Falls, Texas 76301

Sober Living Women's House

4416 Sisk
Wichita Falls, Texas 76310
Children allowed at both houses on a case-to-case basis.

Williams House

P.O. Box 3805
San Angelo, TX 79602
(325) 224-3481 (Chelsea Ashton)
24 Hour Crisis Line: 1-800-880-9641
Recovery Residence for men. Fee-based residency.

LEGAL ASSISTANCE

Legal Aid of Northwest Texas

500 Chestnut, Ste. 901, Abilene, TX 79602

- 800-933-8591
- 325-677-8591

300 N. Fisk Ave., Brownwood, TX 76801

- 325-646-8659

710 Lamar St., #300, Wichita Falls, TX 76301

- 800-926-5542

Nonprofit organization that provides free civil legal services to low-income residents in 114 Texas counties throughout North and West Texas, with offices in Abilene, Amarillo, Brownwood, Dallas, Denton, Fort Worth, Lubbock, McKinney, Midland, Odessa, Plainview, San Angelo, Waxahachie, Weatherford and Wichita Falls.

Texas Legal Services

(888) 343-4414

Texas Rural Legal Aid

(800) 369-0574

LGBTQ+ SUPPORT SERVICES

The Opal Center

4726 Old Jacksboro Hwy

(940) 257-4276

www.theopalcenter.org

Free peer support groups and individual, couple, family, and gender therapy to LGBTQ+ individuals and their families in Texoma.

MEAL SITES (ABILENE)

Breakfast

Breakfast on Beech Street – 1423 North 3rd Street: Mon. – Fri. @ 6:30 am – 7:15 am

Love & Care Ministries – 233 Fannin Street: Mon – Fri. 7:00 am – 8:30 am

Lunch

Salvation Army – 1726 Butternut: Sun – Sat. 12:30pm – 1:00 pm

Love & Care Ministries – 233 Fannin Street: Mon., Tues., Thurs. 11:30 am – 1:00 pm
City Light Ministries – 336 Hickory: Mon, Wed, Fri. 11:30 am – 12:30 pm
Southwest Drive Comm. Methodist – 3025 Southwest Dr.: Tues 11:00 am – 1:00 pm

Dinner

Salvation Army – 1726 Butternut: Sun – Sat. 5:30pm – 6:00 pm
Bethel United Methodist – 1102 North Willis St.: Wed. 4:00 pm – 6:30 pm
Church on the Rock – 1228 Grape St. – Wed. 6:00 pm
Grace United Methodist Church – 1434 Grape St. – Thurs. 6:00-8:00 pm

MILITARY VETERANS PEER SERVICES

Military Veterans Peer Network: Abilene Chapter

765 Orange Street
Abilene
(325) 670-4818

Family Therapy for Veterans. 12 Free sessions for veterans and their families thru MVPN in conjunction with Life Renovations. Please be prepared to present a form of Veteran status verification. Walk-ins or appointments welcome.

PET ASSISTANCE

Animeals

1000 Burnett St.
Wichita Falls, TX 76301
940-322-6232
M-F 8 AM – 5 PM

Provides food for dogs/cats for people who need assistance.

RECOVERY MEETINGS AND SUPPORT GROUPS

Abilene Open Door Meetings

3157 Russell
Abilene, Texas 79605
(325) 672-0190

The Al-Anon Family Groups are a fellowship of relatives and friends of alcoholics who are their experience, strength, and hope in order to solve their common problems. Abilene Open Door also hosts Alcoholics Anonymous meetings which

are a voluntary fellowship of men and women from all walks of life who meet together to attain and maintain sobriety. The only requirement for membership is a desire to stop drinking. There are no dues for A.A. membership.

Bar Church - AA/NA Meeting

541 China St. – Memories Bar (transportation is available)
Clay or Shannon: (817) 832-9432
10:15 am Sundays

Celebrate Recovery – Church on the Rock

1228 Grape Street
325-672-5446
Thursday nights: 7:00 – worship; 7:30 – Principal Focus; 8:00 – Small Groups

Celebrate Recovery- Colonial Church

4300 Maplewood Ave
Wichita Falls, Texas 76308
940-691-9568
Mondays 6pm and Wednesdays 7pm

Celebrate Recovery- Fallspointe Church

2014 Kemp Blvd
Wichita Falls, Texas 76309
940-322-6304
Mondays 7pm

Celebrate Recovery – Fountaingate Fellowship Church

909 North Willis Street
Abilene, TX 79603
7:00 – 9:00 pm Fridays
<http://fgfabilene.org/events/celebrate-recovery/#>
Celebrate Recovery is a biblical and balanced program that helps us overcome our hurts, hang ups, and habits.

Celebrate Recovery- Graham

Oak Street Baptist Church
505 First St.
Graham, TX 76450
940-549-3313
Wednesdays 5:30 for meal and fellowship, 6 pm – 8 pm meeting

Celebrate Recovery- Heritage Church

2216 Southwest Parkway
Wichita Falls, Texas 76308

940-767-5333
Tuesdays 6:30pm

Celebrate Recovery- Texas Avenue

5750 Texas Avenue
Abilene, Texas 79605
Contact: Karen @ 325-829-7063
6:30 pm - Mondays (meal from 5:30-6:00)

Mission Church – Mission Abilene Recovery (Open)

3001 North 3rd (corner of Mockingbird), 79601
9:30 am Sunday
Contacts: (325) 232-8258

Recovery Fitness Group

Abilene Recovery Council
104 Pine St, Suite 205
Abilene, TX 79601
(325) 268-6390 (Leader: Trisha Bos, Recovery Coach)
In collaboration with Crunch Fitness, move at your own pace to learn how movement and exercise enhances one's long-term recovery outcomes.

The Salvation Army

1726 Butternut Street
Abilene, Texas 79602
(325) 677-1408
www.uss.salvationarmy.org
Provides a spiritually based residential 12-step, work therapy drug and alcohol recovery program. Program length is 180 days.

AA MEETINGS

Abilene-Taylor County

Key City AA: 1235 N. Mockingbird

Call Maria @ (432) 214-5222 for info.
6:00 – 7:00 p.m. Monday – Saturday (Smoking)
7:00 - 8:00 a.m. & 12:00 – 1:00 pm Mondays
9:00 – 10:00 a.m. Saturday
7:15- 8:15 p.m. Tuesday – **Grupo Nueva Vida** (Smoking)

Open Door: 3157 Russell Street, 79605

Brown Bag Group

12:00-1:00 Monday-Saturday
Mon, Wed (Big Book), Sat. meetings (Open)
Tues, Fri. meetings (Closed)

Grumpy Group

6:45 a.m. Thursdays (Open)

Happy Hour Group

5:30-6:30 p.m. Monday- Saturday
Tues, Fri, Sat. meetings (Open)
Mon, Wed, Thur. meetings (Closed)

Lifesaver

6:00 p.m. Sunday (Open)

New Horizons

12:00-1:00 p.m. Monday- Saturday
Friday is "Beginner's Meeting"

Pioneer

8:00- 9:00 p.m. Monday- Sunday
Mon – Sat. (Open) Sunday (Closed)

Serenity

10:30 a.m. - 11:30 a.m. Sunday (Open)

Nooner Group: 201 Green Street, 79603

12:00-1:00 Monday, Tuesday, Thursday, Friday, Saturday (Open)
12:00-1:00 Wednesday (Closed)
8:00-9:00 Tuesday (Closed)
8:00-9:00 Thursday (Open)

Salvation Army Group: 1728 Butternut

8:00-9:00 p.m. Monday (Open)

Sunshine Group (Alexander Bldg. @ 104 Pine St. 1st Floor Room #102)

12:15-1:15 Monday, Wednesday, Thursday (Open)
12:15-1:15 Tuesday and Friday (Closed)

ALBANY

200 N. Jacobs St., 76430 (First United Methodist Church)
7:00-8:00 pm Tuesday (Open)

ANSON

1400 Commercial Ave, 79501
7:00-8:00 Monday Open

BAIRD

724 Brookview
8:00-9:00 Monday (Closed)

BROWNWOOD

Browntowner Group

502 W. Austin Ave.
Brownwood, TX 76801
325-646-4144
7:00 am & 6:30 pm Sunday
7:00 am & 6:30 pm Monday
7:00 am & Noon Tuesday
7:00 am & 6:30 pm Wednesday
7:00 am & Noon Thursday
7:00 am & 6:30 pm Friday
7:00 am & Noon – Saturday

CLYDE

Clyde Church of Christ Library

407 Austin Street, Clyde Texas 79510
Three-door building south of church.
8:00-9:00 Thursday (Open)

COMANCHE

Barnes Street (Boy Scout House)

8:00-9:00 Monday (open)
Call David M. @ 254-592-8051 or 254-592-4600

EASTLAND

302 N. College St. 76448
Monday 6-7 p.m. (Closed)
Tuesday 8-9 p.m. (Closed)
Thursday 6-7 p.m. (Big Book)
Saturday 8-9 p.m. (Closed)

Haskell

404 South Ave. C
8:00-9:00 Monday (Open) (Smoking)
8:00-9:00 Thursday (Closed)

Sweetwater

Last House Group - AA

111 Cypress, Sweetwater, TX 79556

6:30 – 7:30 pm Monday and Thursday (Open)(Smoking)

325-338-5647: Roger & 325-668-2086: Louisa

Wichita Falls

Back to Basics: 2201 Speedway Ave., Wichita Falls, 76308

Fain Presbyterian Church

7:00-8:00 pm Friday (Closed)

Into Action Group, 1401 Travis St., Wichita Falls, Texas 76301

7:00-8:00 pm Monday – Big Book (Open)

7:00-8:00 pm Wednesday – Lit. Study (Closed)

2nd Saturdays – Speaker/Birthdays: 5:30 potluck & 6:30 meeting

5103-A Jacksboro Hwy, Wichita Falls, Texas 76302

940-322-6452

8:30-9:30 a.m. Everyday

12:00-1:00 pm Everyday

5:30-6:30 pm Everyday

8:00-9:00 pm Everyday

New Life Group: 1406 Beverly, Wichita Falls, 76309

8:30-9:30 a.m. Every day (Closed)

12:00-1:00 p.m. Monday- Saturday (Closed)

5:30-6:30 p.m. Every day (Closed)

8:00-9:00 Every day (Closed)

11:00 a.m. Sunday (Closed)

Sabiduria, 1802 Harrison St., Wichita Falls, Texas

7:00-8:00 p.m. Monday, Wednesday, Friday, Saturday

3100 Seymour Hwy., Wichita Falls, 76309

6:00-7:00 p.m. Tuesday, Thursday (Closed)

AL-ANON MEETINGS

Abilene-Taylor County

High Noon AFG – Southern Hills Church of Christ, 3666 Buffalo Gap Rd.

12:00 noon Tuesdays

Room # 119. Enter thru courtyard on south side of building.

Mid Cities AFG – 1420 North 3rd, 79601

7:00 pm – Monday and Friday

Open Door – “Legacies”; 3157 Russell Street, 79605

5:30 pm Tuesdays

Open Door – “Pioneer South AFG”: 3157 Russell Street, 79605

Contact: (325) 672-0190

8:00 pm Monday & Thursday

Parents AFG – Hillcrest Church of Christ, 2470 Church St., 79601

7:00 pm – Tuesday

Enter on North side of building.

Brownwood

Brownwood AFG – Family Services Center, 901 Ave. B, 76801

6:30 pm Tuesday and Thursday

Eastland

Eastland AFG – AA building, 302 N. College St., 76448

6:30 pm – Tuesday and Wednesday

Sweetwater

Sweetwater AFG – AA Hall, 219 W. 3rd St., 79556

8:00 pm – Tuesday

NA MEETINGS

Abilene – Taylor County

Hope Group – 2425 South 7th

Hotline (325) 691-9209

1:00 pm Sunday

12:00 pm Monday – Saturday

6:00 pm Tuesdays - Open meeting for ladies specific to women's issues

6:30 pm Wednesdays – NA Book Study

8:00 pm Sunday - Saturday

Midnight – Friday candlelight

2nd Sunday of the month is birthday night

3rd Sat. of the month is a speaker meeting

3rd Sun. of the month is also a speaker meeting

Living Free - 2433 N. Danville

Hotline (325) 691-9209

12:00 pm Monday – Saturday

6:30 pm Thursday

8:00 pm Daily

1st Sat. of the month is a speaker night

2nd Sat. of the month is birthday night

Brownwood – Brown County

NA Meeting

1610 Brady Ave., Brownwood, TX 76801

7:00 pm – Every day

Vernon – Wilbarger County

New Hope Group of Narcotics Anonymous- 10252 US Hwy 70 South, Vernon (Lockett Hwy Church of Christ Building)

7:00 pm – Tues., Fri., Sun.

- Enter through side door, meeting in upstairs classroom
- Monthly birthday celebration and speaker meeting – 1st Friday of Month with celebration potluck meal at 6:00 (meal in parsonage behind church)
- For more information, call LuAnn (940-886-6800); James (806)422-0186; Kathy (940)357-1414; or Damon (940)357-9176

EMOTIONS ANONYMOUS

This group is open for anyone who needs support with emotional difficulties.

OCEANS Outpatient Bldg.

1115 Industrial Blvd.

Abilene

Primary Contact: (325) 668-0274 – Jessie

10:00 am: Saturdays

ea.abilenetx@gmail.com

GRIEF RECOVERY SUPPORT GROUP MEETINGS

Abilene Compassionate Friends

(Support re: death of a child)

Primary Contact: (325) 660-1400 – Judy

2nd Contact: (325) 439-0013 – Catherine

7:00 pm: Last Tuesday of the month

tcfabilene@gmail.com

www.compassionatefriends.org

Grief Share

First Baptist Church, 1333 N. 3rd, Abilene

6:00 pm – Wednesdays – room 316, 3rd floor

Contact Steve Queen @ 325-673-5031

Side by Side Grief Ministry (Beltway Park South Church)

4009 Beltway South

Abilene, TX 79606

(325) 320-4590 EXT 2318

Email adinabrown@beltway.org

Join us at Navigating Grief if you would like to learn how to move forward in a season of loss and grief and discover a new normal. Hear testimonies and attend small groups with others with similar losses. Children's ministry available through RSVP (8 weeks-5th grade)

OVEREATERS ANONYMOUS MEETINGS (OA)

Abilene-Taylor County

oabigcountry.net

OA – Lunch Box

South Branch Abilene Public Library, 4310 Buffalo Gap Rd. #1246

Primary Contact: (325) 660-4925 (David)

OA Literature Study

12:00 pm Monday

Open Meeting

OA – Exodus Metropolitan Community Church

1933 S. 27th Street, 79602

Primary Contact: (325) 201-0296 (Wendy)

6:30 pm Tuesdays

OA – Baker Heights Church of Christ

5382 Texas Ave., 79605

North Classroom Bldg. – enter by door nearest main entrance.

Primary Contact: (325) 529-3720 (Wanda)

8:00 am Wednesday

Step Study group

Open Meeting

Buffalo Gap

OA – Shades of Hope Conference Center

402-A Mulberry Drive, 79508

Primary Contact: (325) 572-3189 (Tennie)

10:00 am Saturday

SEXAHOLICS ANONYMOUS MEETINGS (SA)

Abilene-Taylor County

SA Big Country

Primary Contact: 325-704-8847 or sabigcountry@gmail.com

Contact will respond and provide details re: location, etc...

(Closed Meeting)

SEX AND LOVE ADDICTS ANONYMOUS MEETINGS (SLAA)

Abilene-Taylor County

Abilene SLAA – Women only

Primary Contact: slaa.abi@gmail.com
Email for location
8:00 pm Tuesday (Closed Meeting)

MENTAL HEALTH SUPPORT GROUPS

Abilene-Taylor County

Mental Health America- Abilene

Contact: info@abilenemha.org & <http://abilenemha.org/> & (325) 673-2300

Schizophrenia Support Group

525 Beech Street

(325) 673-2300

1:00 – 2:00 pm Mondays

For those who have schizophrenia and would like peer support.

Chronic Pain and Depression Group

525 Beech Street

(325) 673-2300

11:00 a.m. – 12:00 pm Thursdays

For those who have chronic pain and depression and would like peer support.

Bipolar-Depression Support Group

525 Beech Street

(325) 673-2300

6:00 - 7:00 pm Tuesdays

For those who have bipolar disorder and would like peer support.

Open Support Group for those with mental illness

525 Beech Street

(325) 673-2300

1:00 – 2:00 pm Thursdays

For anyone who needs a sense of community among others who understand the challenges of living with a serious mental illness.

“Experiences”

525 Beech Street

(325) 673-2300

4:00 – 5:00 pm Wednesdays

A charter group of Hearing Voices Network supporting anyone who has had experiences with voice hearing, visions, and other unusual or extreme experiences. (Nonparticipants cannot come to “observe” this group.)

NAMI Abilene

www.facebook.com/namiabilene.org

NAMI Abilene seeks to improve the lives of those affected by mental illness by providing support, education, and advocacy to individuals and their families in Northwest Texas. NAMI Abilene focuses on the belief that people with mental illness can lead meaningful, productive lives. We endeavor to promote a greater understanding about these illnesses—including those with a dual diagnosis, facilitate access to treatment and related services, and keep hope alive for people with mental illness and their loved ones. We further seek to eliminate stigma. We don't see the illness; we see the person.

- *Grace Fellowship Church, 901 Cypress Street, Abilene, 79601*
First Tuesdays: General Meeting/"NAMI Night Big Country" @ 6:00 –7:00 pm
Family and Connection Support Groups @ 7:00 – 8:30 pm

For information please call: Byl (Bill) at (229) 429-4535

officemanager@namiabilene.org

www.namitexas.org/nami-abilene

www.facebook.com/NAMIAbilene/

OTHER SUPPORT GROUPS

Abilene – Taylor County

Loved Ones of a Person with Mental Illness Support and Education Group

325-333-9823

Abilene Area Survivors of Suicide Loss Support Group

325-333-9823

Wichita Falls – Wichita County

Common Ground Recovery Ministries

3701 Taft Blvd

942-337-1712

6:00 pm Tuesdays

Rebuilding Your Life – room 308 (12 Sessions) Recovering from love lost through death, divorce, or any life situation

Anger Management – room 308 (12 Sessions) Looking at internalized and externalized anger and the thoughts and feelings behind your anger

Parenting – room 305 & 306 (12 Sessions) Guides parents in feeling knowledgeable and confident about parenting by teaching skills and strategies as well as how to apply them to children and teens

TRANSPORTATION

City Link Transit Bus Services

1189 South 2nd Street
Abilene, Texas 79602
(325) 676-6287

Provides curb-to-curb van service to general public Mon - Sat 6:15 pm to 12:00 am. City Link transit provides 11 bus routes throughout Abilene. Prices vary. Runs 6:00 am - 6:00 pm, and open to public. Call for route time and fare information.

City and Rural Rides (CARR) Central Texas Rural Transit District

Call 1-800-710-2277 for appointment
www.cityandruralrides.com

2310 S Concho ST
Coleman, TX 76834-7314

Provides public transportation for shopping, work, beauty shop visits, visiting family and friends, and doctor's visits for residents in Brown, Callahan, Coleman, Comanche, Eastland, Erath, Nolan, Runnels, Rural Taylor, Shackelford, Stephens Accessible to people with disabilities. Must call two days in advance, an adult 18 years or older must accompany children under 15 years. Flat fee of \$1 per every 5 miles. Availability based on vehicle capacity and schedule. Hours of Operation: Mon - Fri 7:30 am - 5:30 pm For scheduling appointments: Mon- Fri 8:00 am - 12:00 pm, 1:00 pm - 5:00 pm

Disabled American Veterans

2555 Grape Street
Abilene, Texas 79601
(325) 673-5004
www.dav.org

The Abilene office provides veterans one-time assistance with transportation to a VA medical clinic/hospital.

Sharp Lines Rural Public Transportation Rolling Plains Management – Wichita Falls Office

940-723-2261 or 877-804-7372
227 North Beverly Drive
Wichita Falls, TX 76306

Program offers transportation to medical appointments for clients receiving Medicaid. All trips must be approved by Medicaid office in Abilene and Rolling Plains must receive a fax or phone call from Medicaid office in Abilene.

For Medicaid certified residents in Archer, Baylor, Cottle, Foard, Hardeman, and Wichita, Wilbarger, and Young counties. Accessible to people with disabilities.
Mon-Fri 7:30 am-4:30 pm

24-HOUR TELEPHONE-BASED RECOVERY SUPPORT SERVICES

Common Hotline Phone Numbers

Whether you're in crisis or are just looking help for a friend or family member, there are dozens of organizations available to help you deal with a variety of immediate concerns, from crisis situations and domestic violence to rape and substance abuse. Most of these hotlines are available 24 hours a day and can help you with whatever level of assistance you need — from general information about the topic, to helping you find an immediate intervention. The hotlines below are listed in alphabetical order according to topic.

If you're suicidal, we recommend contacting the National Suicide Prevention Lifeline toll-free at 800-273-8255. Additional crisis and suicide hotlines are available in the category below, Crisis and Suicide.

AIDS

AIDS Info: Treatment, Prevention and Research: (800) HIV-0440
American Social Health Association: Sexually Transmitted Disease Hotline:
(800) 227-8922
CDC AIDS Information: (800) 232-4636

ALCOHOL

SAMHSA's National Helpline: 1-800-662-HELP (4357)
Alcohol Hotline: (800) 331-2900
Al-Anon for Families of Alcoholics: (800) 344-2666
Alcohol and Drug Helpline: (800) 821-4357
Family's Anonymous: (800) 736-9805
National Council on Alcoholism and Drug Dependence Hope line: (800) 622-225

CHILD ABUSE

Judge Baker Children's Center – Child Abuse Hotline: (800) 792-5200
Child Help USA National Child Abuse Hotline: (800) 422-4453

CRISIS AND SUICIDE

Girls & Boys Town National Hotline: (800) 448-3000
National Suicide Prevention Lifeline: (800) 273-TALK (8255)

National Youth Crisis Hotline: (800) 442-HOPE (4673)

DOMESTIC VIOLENCE

National Domestic Violence Hotline: (800) 799-7233

National US Child Abuse Hotline: (800) 422-4453

MEDICAL

American Association of Poison Control Centers: (800) 222-1222

America Social Health: STD Hotline: (800) 227-8922 PREGNANCY

Planned Parenthood Hotline: (800) 230-PLAN (230-7526)

RAPE AND SEXUAL ASSAULT

National Domestic Violence/Child Abuse/ Sexual Abuse: (800) 799-7233

RUNAWAY

Child Find of America: (800) 426-5678

National Hotline for Missing & Exploited Children: (800) 843-5678

SUBSTANCE USE

SAMHSA's National Helpline: 1-800-662-HELP (4357)

Cocaine Anonymous: (800) 347-8998

National Institute on Drug Abuse Hotline: (800) 662-4357

OTHER

Eating Disorders Awareness and Prevention: (800) 931-2237

Teen Help Adolescent Resources: (800) 840-5704

Shoplifters Anonymous: (800) 848-9595

Texas Poison Control: (800) 222-1222

211

2-1-1 is an easy to remember telephone number that connects callers to information about critical health and human services available in their community.

OTHER REGIONAL CRISIS SERVICES:

Betty Hardwick Crisis Line

800-758-3344

Helen Farabee Crisis Line

800-621-8504

Regional Crime Victim Crisis Center

P.O. Box 122

Abilene, Texas 79604

(325) 677-7895

www.regionalcrime.org

The crisis center assists victims and survivors of violent crime. Professional staff and volunteers are available to provide information and support for victims during the trauma resulting from a violent crime, and to provide professional counseling, follow-up information, and support to help victims recover their normal lives.

RECOVERY SUPPORT SERVICES PROGRAMS – HHSC-FUNDED

Offering strengths-based, self-directed recovery wellness planning, peer recovery coaching, support groups, education services, drug and alcohol-free social activities, health and wellness activities, and advocacy for people with substance use challenges.

Please contact the program most accessible for you to receive details on what specific services, recovery support groups, etc. they have available at this time.

Abilene: Abilene Recovery Council

104 Pine Street, Suite 205, 79601

abirecovery.org

Contact: Shawn Wright, Program Director

Office Phone: 325-673-2242 x107

Cell Phone: 325-232-3986

Email: swright@abirecovery.org

Abilene: Serenity House

1546 North 2nd Street, 79601

<https://www.serenitytexas.com>

Contact: Aaron Cherry, PRC Director

Office Phone: 325-370-7197

Email: aaronc@serenitytexas.com

Austin: Communities for Recovery

4110 Guadalupe, Bldg. 635, 78751

cforr.org

Contact: Javier Soto, Support Services Manager

Office Phone: 512-758-7686
Email: javier@cforr.org

Austin: Recovery ATX

1818 E. 12th Street, Austin, 78723
Recoveryatx.org
Contact: Lanisha Jiles, RSS Supervisor
Office Phone: 512-553-2683
Email: lanisha.jiles@recoveryatx.org

El Paso: Aliviane, Inc.

1626 Medical Center, El Paso, 79902
www.aliviane.org
Contact: Arlene Salinas
Office Phone: 915-248-7301

Dallas: Association of People Affected by Addiction (APAA)

3116 Martin Luther King Jr. Blvd., Dallas, 75215
apaarecovery.org
Contact: Melody Koonce
Office Phone: 214-634-2722
Email: melodykoonce@apaarecovery.org

Dallas: My Second Chance

1657 S. Corinth Street, 75203
mysecondchanceinc.org
Contact: Toni Clark
Office Phone: 214-374-1104
Cell Phone: 972-674-7465
Email: toniclark@mysecondchanceinc.org

Dallas: Nexus Recovery Center (Women's Program)

8733 La Prada Drive, 75228
nexusrecovery.org
Contact: Niki Prince, Director of RSS
Office Phone: 214-321-0156
Email: nprince@nexusrecovery.org

Dallas: North Texas Behavior Health Authority

9441 LBJ Fwy., Suite #350, Dallas, 75243
Ntbha.org
Office Phone: 214-366-9407
Toll Free: 877-653-6363

Email: info@nthba.org

Fort Worth: Road to Recovery at Tarrant County MHMR

Community Center – 505 S. Jennings, Fort Worth,
mhmr.tarrant.org

Peer Services: 817-569-4709

Comm. Center Phone: 817-569-4742

Houston: The Council on Recovery

303 Jackson Hill Street, 77007

councilonrecovery.org

Office Phone: 713-942-4100

Toll Free: 855-942-4100

Houston: Houston Recovery Center

150 North Chenevert St., Suite 100, 77002

Houstonrecoverycenter.org

Office Phone: 713-236-7800

Houston: Montrose Counseling Center

401 Branard Street, 2nd Floor, 77006

montrosecenter.org

Office Phone: 713-800-0834

Main Phone: 713-529-0037

Houston: Santa Maria Hostel (Women's Program)

2605 Parker Rd., 77093

santamariahostel.org

Contact: Amelia Murphy, Sr. Director of RSS

Office Phone: 281-745-8532

Email: amurphy@santamariahostel.org

Main Phone: 713-691-0900

Longview: East Texas Council on Alcoholism & Substance Abuse

708 Glencrest Lane, 75601

etcada.com

Contact: Brett Foster, Supervisor

Office Phone: 903-753-7633

Email: bfoster@etcada.com

Lufkin: Alcohol & Drug Abuse Council – Deep East Texas

302 North Raguet, Lufkin, 75902

www.adacdet.org

Contact: Christopher Logan (Dir. Of Operations)

Phone: 800-455-8562 or 936-634-5743
Email: clogan@adacdet.org

Laredo: SCAN (Serving Children & Adults in Need)

1605 Saldana Ave.
scan-inc.org
Office Phone: 956-724-3177
Email: info@scan-inc.org

Pharr: Behavioral Health Solutions of South Texas

5510 N. Cage Blvd., Suite A, Pharr 78577
bhsst.org
Contact: Erika Salinas, Coordinator
Office Phone: 956-787-7111 x 241
RSS Cell Phone: 956-354-1039 or 956-586-2482
Email: esalinas@bhsst.org

Plainview: Central Plains Center

631 Broadway St., 79072
centralplains.org
Contact: Carla Lewis
Office Phone: 832-704-4341
Email: carlal@clplains.org

San Antonio: San Antonio Council on Alcohol and Drug Abuse

South Texas Centre, 7500 Hwy. 90, Dave Coy Bldg., Suite 201, 78227
sacada.org
Contact: Diana Boone
Office Phone: 210-225-4741
Email: dboone@sacada.org

San Antonio: San Antonio Lifetime Recovery

96 Crossroads Blvd., 78201
www.lifetimerecovery.org
Contact: Amelia Reed, Recovery Links Manager
Office Phone: 210-734-6326 x 8151
Email: areed@ltrx.org

San Marcos: Cenikor

1901 Dutton Dr., Suite E, San Marcos, 78666
cenikor.org
Contact: Elyse Greenamyre, Supervisor
Office Phone: 888-236-4567
Email: egreenamyre@cenikor.org

RECOVERY ORIENTED SYSTEMS OF CARE (ROSC)

Abilene: Big Country ROSC

Facebook: Big Country Recovery Oriented System of Care

www.abirecovery.org

Contact: Trisha Bos @ 325-673-2242

Email: tbos@abirecovery.org

Big Country ROSC usually meets the 4th Thursday of each month at noon at Abilene Recovery Council, 104 Pine Street, Suite 217. Bring your own lunch format.

Dallas: Dallas ROSC

Facebook: Dallas Recovery Oriented System of Care

Contact: (972) 379-7123

Email: dallasrosc@gmail.com

Meets at Twelfth Step Ministries 5324 West Northwest Hwy., Dallas, Texas 75220

San Angelo: Bridge to Recovery

Facebook: Bridge to Recovery

Contact Phone: 325-224-3481

Meeting venues rotate monthly.

REGIONAL OSAR/LMHA SERVICES IN TEXAS

Region 1: StarCare Specialty Health System

1950 Aspen Ave., Sunrise Canyon Complex

Lubbock, TX 79404

Intake Phone: 806-740-1421

Toll Free Phone: 844-472-8810

Crisis Line: 806-740-1414

Website: starcarelubbock.org

Serving Armstrong, Bailey, Briscoe, Carson, Castro, Childress, Cochran, Collingsworth, Crosby, Dallam, Deaf Smith, Dickens, Donley, Floyd, Garza, Gray, Hale, Hall, Hansford, Hartley, Hemphill, Hockley, Hutchinson, King, Lamb, Lipscomb, Lubbock, Lynn, Moore, Motley, Ochiltree, Oldham, Parmer, Potter, Randall, Roberts, Sherman, Swisher, Terry, Wheeler, and Yoakum

Region 2: Helen Farabee Centers

1000 Brook St.

Wichita Falls, TX 76301

Crisis Phone: 800-621-8504

Main Phone: 940-397-3143

Website: <http://www.helenfarabee.org/>

Serving Archer, Baylor, Brown, Callahan, Clay, Coleman, Comanche, Cottle, Eastland, Fisher, Foard, Hardeman, Haskell, Jack, Jones, Kent, Knox, Mitchell, Montague, Nolan, Runnels, Scurry, Shackelford, Stephens, Stonewall, Taylor, Throckmorton, Wichita, Wilbarger, and Young

Region 3: MHMR of Tarrant County

3840 Hulen St.

Fort Worth, TX 76107

Crisis Phone: 800-866-2465

Main Phone: 817-335-3022

Website: mhmrtaarrant.org

Cooke, Denton, Erath, Fannin, Grayson, Hood, Johnson, Palo Pinto, Parker, Somervell, Tarrant, and Wise

Region 4: Andrews Center Behavioral Healthcare System

2323 West Front St. (Hwy. 31)

Tyler, TX 75702-7747

Crisis Phone: 1-877-934-2131

Toll Free: 1-800-735-2988

Main Phone: 903-597-1351

Website: andrewscenter.com

Serving Anderson, Bowie, Camp, Cass, Cherokee, Delta, Franklin, Gregg, Harrison, Henderson, Hopkins, Lamar, Marion, Morris, Panola, Rains, Red River, Rusk, Smith, Titus, Upshur, Van Zandt, and Wood

Region 5: Burke Center

2001 S. Medford Dr.

Lufkin, TX 75901-5699

Crisis Phone: 800-392-8343

Main Phone: 936-634-5010

Toll Free: 866-242-4556

Website: myburke.org

Counties Served: Angelina, Houston, Jasper, Nacogdoches, Newton, Polk, Sabine, San Augustine, San Jacinto, Shelby, Trinity and Tyler

Serving Angelina, Hardin, Houston, Jasper, Jefferson, Nacogdoches, Newton, Orange, Polk, Sabine, San Augustine, San Jacinto, Shelby, Trinity, and Tyler

Region 6a: The Harris Center for Mental Health and IDD (intellectual and developmental disabilities)

94011 Southwest Freeway

Houston, TX 77074

Main Phone: 866-970-4770
Crisis Phone: 713-970-7000, option 1
Website: mhmrharris.org
Serving Harris

Region 6b: The Council on Recovery

303 Jackson Hill Street, 77007
councilonrecovery.org
Office Phone: 713-942-4100
Helpline: 713-970-7000
Serving Harris, Liberty, Montgomery, Walker, Austin, Brazoria, Chambers, Colorado, Fort Bend, Galveston, Matagorda, Waller, and Wharton Counties

Region 6c: Gulf Coast Center LMHA

123 Rosenberg, 4th floor, Galveston, 77550
gulfcoastcenter.org
Office Phone: 406-944-4365
Crisis Phone: 866-729-3848
OSAR Phone: 844-704-1291
Serving Austin, Brazoria, Chambers, Colorado, Fort Bend, Galveston, Matagorda, Waller, and Wharton Counties

Region 7: Bluebonnet Trails Community Services

1009 N. Georgetown St.
Round Rock, TX 78664
Crisis Phone: 800-841-1255
OSAR Phone: 844-309-6385
Website: bbtrails.org
Serving: Bastrop, Bell, Blanco, Bosque, Brazos, Burleson, Burnet, Caldwell, Coryell, Falls, Fayette, Freestone, Grimes, Hamilton, Hays, Hill, Lampasas, Lee, Leon, Limestone, Llano, Madison, McLennan, Milam, Mills, Robertson, San Saba, Travis, Washington, and Williamson

Region 8: The Center for Health Care Services

601 North Frio, Bld. 2 – entrance “C”, San Antonio, TX 78207
Crisis Phone: 800-316-9241 or 210-223-7233
OSAR Phone: 210-261-3076
Website: chcsbc.org
Serving Atascosa, Bandera, Bexar, Calhoun, Comal, De Witt, Dimmit, Edwards, Frio, Gillespie, Goliad, Gonzales, Guadalupe, Jackson, Karnes, Kendall, Kerr, Kinney, La Salle, Lavaca, Maverick, Medina, Real, Uvalde, Val Verde, Victoria, Wilson, and Zavala

Region 9: PermianCare

401 E. Illinois
Midland, TX 79701
Crisis Phone: 1-844-420-3964
Main Phone: 432-570-3333
Website: pbmhm.com

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Region 10: Emergence Health Network

8500 Boeing Drive
El Paso, TX 79925
Crisis Phone: 915-779-1800
Main Phone: 915-887-3410
Website: emergencehealthnetwork.org

Serving Brewster, Culberson, El Paso, Hudspeth, Jeff Davis, and Presidio

Region 11: Tropical Texas Behavioral Health

1901 S. 24th Ave.,
Edinburg, TX 78540
Crisis Phone: 877-289-7199
OSAR Phone: 800-813-1233
OSAR Email: sud@ttbh.org
Website: ttbh.org

Serving Aransas, Bee, Brooks, Cameron, Duval, Hidalgo, Jim Hogg, Jim Wells, Kenedy, Kleberg, Live Oak, McMullen, Nueces, Refugio, San Patricio, Starr, Webb, Willacy, and Zapata